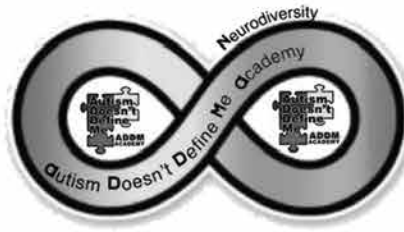




# **COLORING BOOK**

4/2024

# Autism Acceptance

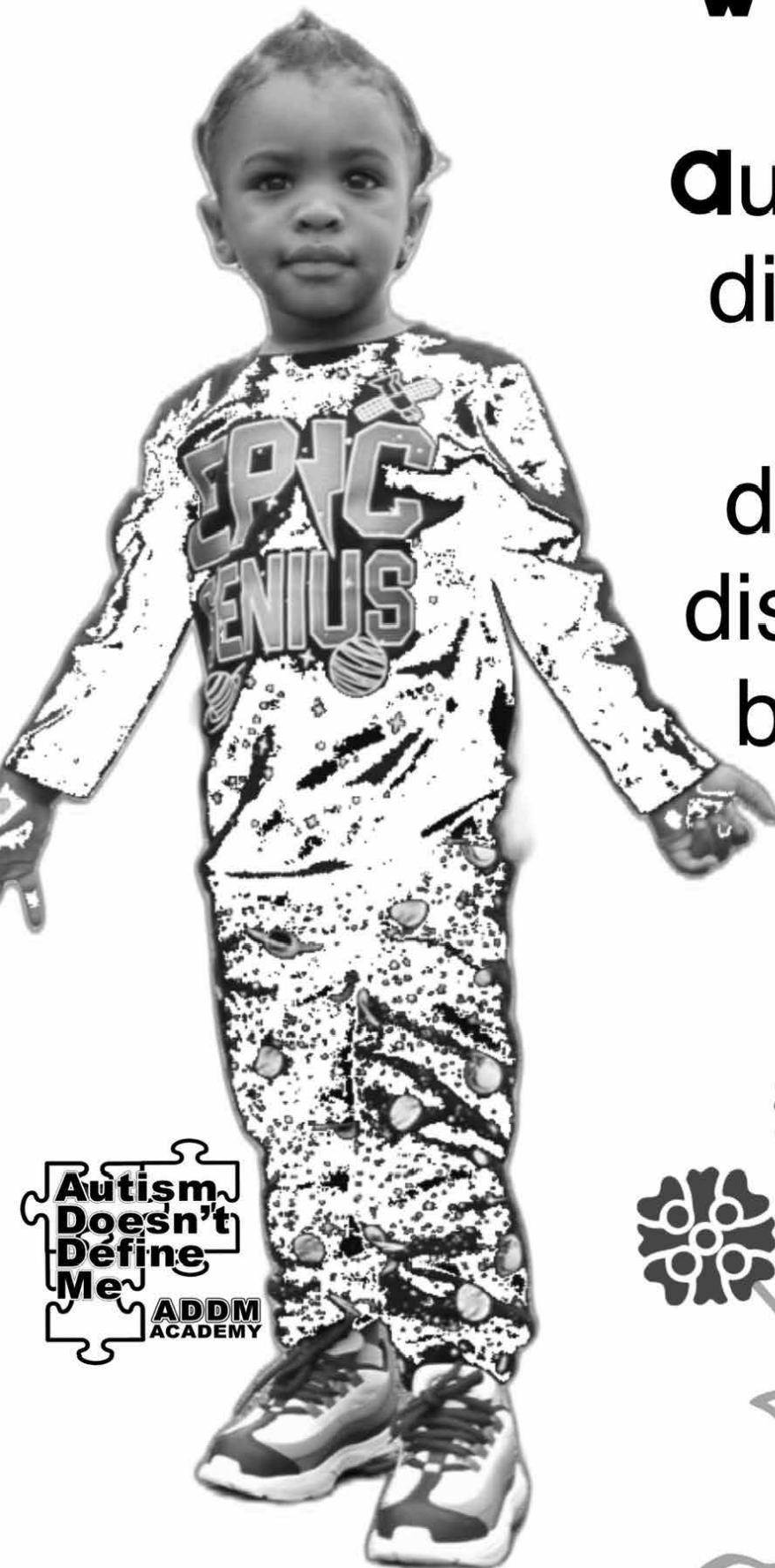


**Autism Doesn't Define Me Academy 2024** ®

# What is Autism?

## Autism Spectrum disorder (ASD)

is a developmental disability caused by differences in the brain.



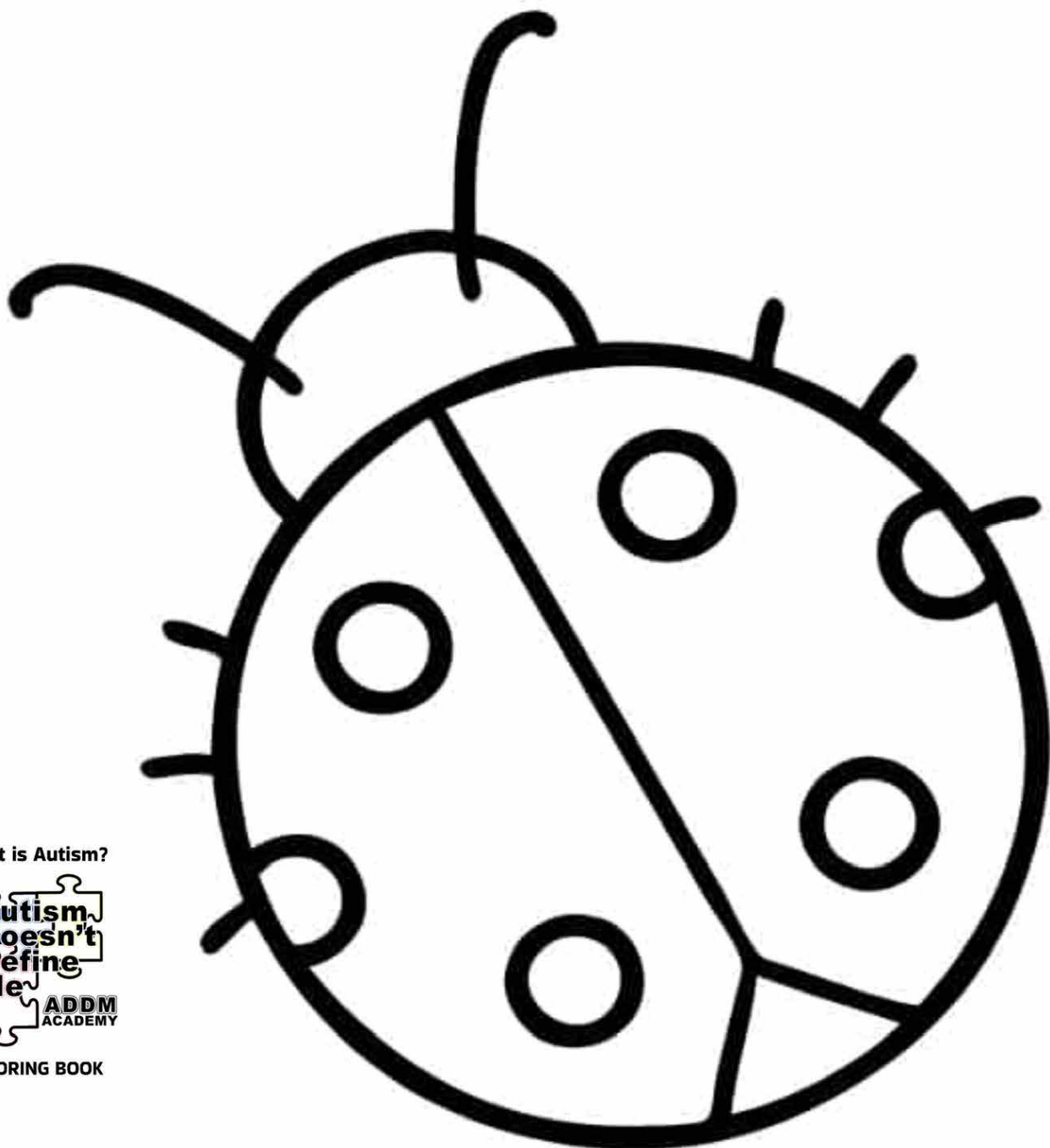
Each child with autism is different  
and may have their own unique  
strengths and challenges.



What is Autism?



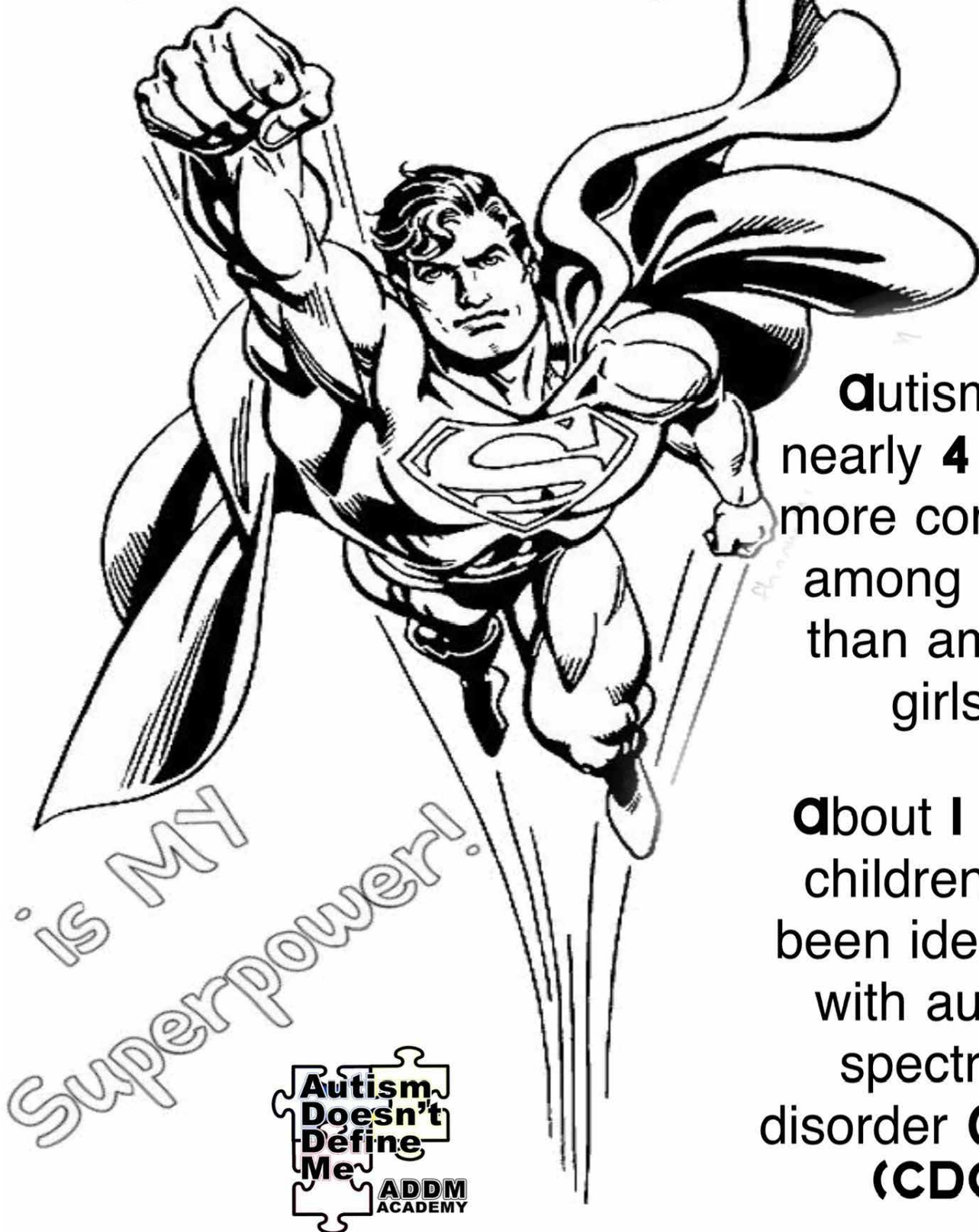
COLORING BOOK



There are three recognized levels of autism, with level 1 being the mildest, level 2 somewhat more severe, and level 3 the most severe level.



# AUTISM



Autism is nearly **4** times more common among boys than among girls.

About **1** in **36** children has been identified with autism spectrum disorder (**ASD**).  
(**CDC**)

# AUTISM AWARENESS

ADDM academy



Autism is a condition that affects how some kids understand and interact with the world around them.

"Autism is not a disability, it's a different ability." - **Stuart Duncan**





# AUTISM FAIRY



Kids with autism might find it hard to talk to others & play with friends.

# AUTISM ORGANIZATIONS

## SCLARC

The South Central Los Angeles Regional Center (SCLARC) is a nonprofit agency that provides services and supports to individuals with developmental disabilities in the South Central Los Angeles area. SCLARC serves individuals with intellectual disabilities, cerebral palsy, epilepsy, autism, and other similar conditions.

### **Some of the services and supports that SCLARC offers include:**

1. Assessment and diagnosis of developmental disabilities
2. Development of individualized service plans
3. Referral to and coordination of services such as education, therapy, and employment support
4. Advocacy and support for individuals and their families
5. Information and training on available resources and services.
6. Assistance with transition planning for young adults moving from school to adult services

If you or a loved one are in need of services for developmental disabilities in the South Central Los Angeles area, you can contact SCLARC directly for more information on eligibility requirements and how to access their services. Their contact information is as follows:

### **SOUTH CENTRAL LOS ANGELES REGIONAL CENTER (SCLARC)**

2500 S. Western Avenue  
Los Angeles, CA 90018  
Phone: (213) 744-7000  
Website: [www.sclarc.org](http://www.sclarc.org)

*Please note that eligibility for services through SCLARC is based on criteria set by the State of California and may require a formal assessment and determination of developmental disability.*

## SNN

The Special Needs Network (SNN) in Los Angeles offers a range of therapy services and programs for individuals with special needs. Some of the services and programs they offer include:

### **Behavioral Therapy**

SNN provides behavioral therapy services, including Applied Behavior Analysis (ABA), for individuals with autism and other developmental disabilities. This therapy focuses on improving behaviors, communication skills, social interactions, and daily living skills.

### **Mental Health Counseling**

SNN offers mental health counseling and therapy services for individuals with special needs and their families. These services may include individual counseling, family therapy, and support groups to address emotional and psychological needs.

### **Occupational Therapy**

SNN provides occupational therapy services to help individuals with special needs develop life skills, improve fine motor skills, enhance sensory processing, and increase independence in daily activities.



### **Speech and Language Therapy**

SNN offers speech and language therapy services to help individuals with special needs improve communication skills, language development, and social interaction abilities.

### **Parent Training and Support**

SNN provides parent training and support programs to help parents and caregivers of individuals with special needs learn effective strategies, techniques, and resources to support their children's development and well-being.

### **Social Skills Groups**

SNN organizes social skills groups and programs to help individuals with special needs improve social interactions, develop friendships, and enhance communication skills in a supportive environment.

## **Other Organizations and Resources**

### **The Autism Society of Los Angeles**

This organization provides support, resources, and advocacy for individuals with autism and their families. They offer workshops, support groups, and social events for both children and adults with autism.

### **The Center for Autism and Related Disorders (CARD)**

CARD is one of the largest organizations providing autism treatment services in the world. They offer a variety of services for individuals with autism, including behavioral therapy, social skills groups, and parent training.

### **The Help Group**

The Help Group is a non-profit organization that provides a wide range of services for individuals with autism and other developmental disabilities. They offer educational programs, therapy services, and support groups for both children and adults with autism.

### **Autism Speaks Los Angeles**

Autism Speaks is a national advocacy organization that works to promote awareness and acceptance of autism. The Los Angeles chapter offers resources, events, and support for individuals with autism and their families.

### **The UCLA Center for Autism Research and Treatment**

This center offers research-based interventions and services for individuals with autism. They provide diagnostic evaluations, therapy services, and support for individuals of all ages.

### **The Los Angeles County Department of Mental Health**

The Department of Mental Health offers a variety of services for individuals with autism, including therapy, case management, and support groups. They also provide resources for families and caregivers.

### **The Los Angeles Unified School District Special Education Division**

The LAUSD Special Education Division provides services and support for students with autism in the school system.

## **MUSEUMS**

### **The Los Angeles County Museum of Art (LACMA)**

The Los Angeles County Museum of Art (LACMA) offers sensory-friendly mornings for individuals with autism and other sensory sensitivities. These events provide a quieter and less crowded environment for visitors to enjoy the museum.

### **The Natural History Museum**

The Natural History Museum of Los Angeles County has occasional Sensory Friendly Saturdays, which offer reduced sensory stimuli and specialized programs for individuals with sensory processing differences.

### **The California Science Center**

The California Science Center offers Discovery Rooms that provide a sensory-friendly environment for children with developmental disabilities. These rooms are designed to be calming and engaging for all visitors.

### **The Los Angeles Zoo**

The Los Angeles Zoo offers Accessibility Mornings on select Saturdays, providing early entry to the zoo before it opens to the general public. This allows visitors with special needs to enjoy the zoo in a quieter and less crowded setting.

### **The Discovery Cube Los Angeles**

The Discovery Cube Los Angeles offers Sensory Saturdays, which provide a sensory-friendly environment with reduced noise and visual stimuli for individuals with sensory sensitivities.

*Please note that these programs and events may have specific dates and times, so it's recommended to contact the venues directly or check their websites for more information on inclusive hours for special needs.*

## **MOVIE THEATERS**

### **AMC Theatres**

Some AMC theaters in Los Angeles offer sensory-friendly film screenings for individuals with autism or other sensory sensitivities. These screenings feature adjusted lighting, reduced sound levels, and the freedom to move around and make noise during the movie.

### **Regal Cinemas**

Regal Cinemas occasionally offer sensory-friendly screenings at select locations in Los Angeles. These screenings provide a more inclusive movie experience for individuals with sensory sensitivities.

### **ArcLight Cinemas**

ArcLight Cinemas in Los Angeles may offer sensory-friendly screenings for individuals with special needs on a periodic basis. These screenings provide a more relaxed and inclusive movie-watching environment.

### **Laemmle Theatres**

Laemmle Theatres in Los Angeles may offer special screenings or events for individuals with special needs, including sensory-friendly screenings. It is recommended to check their website or contact specific locations for more information.

### **Cinepolis Luxury Cinemas**

Some Cinepolis theaters in Los Angeles may offer sensory-friendly screenings for individuals with sensory sensitivities. These screenings provide a more accommodating movie experience for those with special needs.

*Please note that the availability of sensory-friendly screenings and inclusive hours may vary by location and time, so it's best to check with the specific theater for their current offerings.*



## AMUSEMENT PARKS

### **Disneyland Resort**

Disneyland in Anaheim, just outside of Los Angeles, offers Disability Access Service (DAS) for guests with disabilities, including special needs. The DAS allows individuals with disabilities to schedule return times for attractions and access designated waiting areas to accommodate their needs.

### **Universal Studios Hollywood**

Universal Studios Hollywood provides a Disability Access Pass (DAP) for guests with disabilities, including special needs. The DAP allows individuals with disabilities to access designated waiting areas and receive accommodations to enhance their park experience.

### **Knott's Berry Farm**

Knott's Berry Farm in Buena Park, near Los Angeles, offers a Boarding Pass Program for guests with disabilities, including special needs. The program allows individuals with disabilities to access attractions through an alternate entrance and receive accommodations as needed.

### **Six Flags Magic Mountain**

Six Flags Magic Mountain in Valencia, north of Los Angeles, provides a Guest Assistance Pass for guests with disabilities, including special needs. The pass allows individuals with disabilities to access attractions through alternative entrances and receive accommodations based on their needs.

### **Legoland California Resort**

Legoland in Carlsbad, near Los Angeles, offers a Hero Pass for guests with disabilities, including special needs. The Hero Pass provides access to attractions through alternate entrances and accommodations to ensure an inclusive experience.

*Please note that it's recommended to contact the amusement parks directly or visit their websites for more information on their accessibility programs, inclusive hours, and accommodations for individuals with special needs.*

## DENTAL

### **The Special Needs Dental Clinic at UCLA**

The UCLA School of Dentistry offers a Special Needs Dental Clinic that provides comprehensive dental care for children and adults with special needs. They are equipped to accommodate individuals with physical, developmental, or intellectual disabilities.

### **The Children's Hospital Los Angeles (CHLA) Division of Dentistry**

CHLA offers specialized dental services for children with special needs, including those with physical, developmental, or behavioral challenges. They have a team of pediatric dentists experienced in working with children with unique needs.

### **The USC Pediatric Dentistry Clinic**

The USC Herman Ostrow School of Dentistry of USC has a Pediatric Dentistry Clinic that provides specialized dental care for children, including those with special needs. They offer a range of services to accommodate children with various conditions.

### **The Special Needs Dental Clinic at Western University of Health Sciences**

The Western University of Health Sciences College of Dental Medicine also has a Special Needs Dental Clinic that serves both children and adults with special needs. They provide individualized care and accommodations to ensure a positive dental experience.

### **The Special Needs Dental Clinic at Children's Dental FunZone**

Children's Dental FunZone has multiple locations in Los Angeles.

## PRIMARY CARE DOCTORS

Health Insurance Provider: Contact your health insurance provider to get a list of primary care doctors who are in-network with your insurance plan. This can help you find a doctor who accepts your insurance and keeps your out-of-pocket costs lower.

## LOS ANGELES COUNTY PARKS

LA County Parks After Dark program also offers activities and accommodations specifically tailored for special needs kids. These may include sensory-friendly events, adaptive sports and games, arts and crafts activities that cater to different abilities, and specialized programming to meet the unique needs of children with disabilities. The program aims to create an inclusive and supportive environment where special needs kids and their families can participate in recreational activities, socialize, and have fun. Contact LA County Parks or visit their website for more information on the specific offerings.

## SWIMMING

### **The LA84 Foundation Adaptive Aquatics Program**

The LA84 Foundation offers adaptive aquatics programs for individuals with special needs at various locations in Los Angeles. These programs provide inclusive swimming lessons and water activities tailored to the needs of participants with disabilities.

### **Special Olympics Southern California Aquatics**

Special Olympics Southern California provides aquatics programs for individuals with intellectual disabilities in Los Angeles and nearby cities. These programs offer swimming training, competitions, and social opportunities for athletes with special needs.

### **AbilityFirst Aquatic Center**

AbilityFirst operates an Aquatic Center in Pasadena, offering adaptive swimming programs for individuals with disabilities, including special needs. Their programs focus on water safety, skill development, and recreational swimming for all abilities.

### **The Great Los Angeles YMCA**

Several YMCA locations in Los Angeles and nearby cities offer inclusive swimming programs for individuals with special needs. These programs may include swim lessons, water therapy, and open swim sessions designed to accommodate participants with disabilities.

### **The Tarzana Recreation Center**

The Tarzana Recreation Center in Los Angeles offers inclusive swimming opportunities for individuals with special needs. They may have adaptive swim lessons, water fitness classes, and recreational swim times for participants of all abilities.

## RESOURCES

In Los Angeles, there are various resources available for individuals with special needs, including:

### **Special Needs Network**

Provides support, advocacy, and therapy services for individuals with special needs and their families.

### **The Help Group**

Offers a range of therapeutic services, educational programs, and support for children and young adults with special needs.

## **Regional Centers**

California's Department of Developmental Services operates regional centers in Los Angeles that provide assessment, case management, and support services for individuals with developmental disabilities.

## **AbilityFirst**

Offers programs and services for individuals with developmental disabilities, including job training, social activities, and independent living skills training.

## **UCLA Center for Autism Research and Treatment**

Provides diagnostic evaluations, intervention services, and research opportunities for individuals with autism spectrum disorder.

\*Resources provided by Autism Doesn't Define Me Academy 424-242-8195





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